

Masterson Method Bodywork Demonstration

Niamh Fitzpatrick of www.equinetherapiesireland.ie is offering Masterson Method bodywork demonstrations to introduce a new therapeutic way and to illustrate how much can be achieved by allowing the horse to participate in the healing process.

She believes this could be an interesting event for owners who are interested in both equine wellness (supporting equine longevity) and developing that elusive equine partnership.

The event would include a demo of techniques for the whole horse, break and Q&A. Spectator cost of €10 p/p (€15 p/p outside of Leinster) and the event would be expected to last approx 2 – 2.5 hours.

The Masterson Method is an integrated, multi-modality method of equine bodywork that was developed in the US by Jim Masterson. It is a unique, interactive method of equine physical therapy in which the therapist has learnt to recognize and use the responses of the horse to their touch to find and release accumulated tension in the 4 key junctions of the body that most affect performance.

In contrast to most traditional modalities, the Masterson Method enables the horse to actively participate in the process of releasing tension. It is a process that is done *with* the horse, rather than *to* the horse. This participation and interaction is what makes the method fascinating for owners to witness and experience firsthand. In fact, if you do not allow the horse to participate, it does not work!

Niamh Fitzpatrick of Equine Therapies Ireland certified as a Masterson Method Practitioner in 2014. Niamh has done much training since certifying as a MM practitioner but every additional skill that she adds to her repertoire of therapies is underlined by the core MM philosophy of equine participation.

If we listen closely enough the horse will attempt to communicate with us...

Learn more @ www.equinetherapiesireland.ie www.mastersonmethod.com



www.equinetherapiesireland.ie

Equine Physical Therapy / Bodywork is a non-invasive and complementary treatment aimed at producing wellness and enhancing performance in the healthy horse. Equine Physical Therapy is not a replacement for veterinarian intervention and treatment. Always consult your veterinarian before choosing any therapy.